



IMMAFA

INTERNATIONAL MIXED MARTIAL ARTS FEDERATION OF AUSTRALIA

Handbook for

2018 ARNOLD CLASSIC

IMMAFA

CHAMPIONSHIPS OF

AMATEUR MMA

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Organizer

International Mixed Martial Arts Federation of Australia (IMMAFA)

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Membership and Mynextmatch Support

IMMAFA Treasurer

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Referee and Officials Contact:

Name: Cameron Quinn

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Tournament Director and Emergency Contact:

IMMAFA President

Name: Joe Minehan

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Program

Please note:

The schedule may be modified according to the total number of entries and circumstances of competition.

Friday 16th March 2018

Athlete Registration (Accreditation and Unofficial weigh in)

12.00pm to 6.00 pm

If you are unable to attend registration, please contact Joe Minehan 0410 695 055

Saturday 17th March 2018

Weigh in and pre fight medicals - 8:00am to 9:30am (at the venue room details TBA)

Competition starts at 10am

Sunday 18th March 2018

Weigh in and pre fight medicals - 8:00am to 9:30am (at the venue room details TBA)

Competition starts at 10am

Competition Place

Melbourne Convention and Exhibition Centre
1 Convention Centre Place
South Wharf
Melbourne Vic, 3006

Eligibility

IMMAFA was formed to help promote and develop amateur MMA. Therefore, all IMMAFA events are for amateur MMA competitors only. Please read below the ruling on amateur vs professionals for eligibility.

AMATEUR VS. PROFESSIONAL LEVEL ATHLETES

IMMAFA is an organization created to support and develop the amateur sport of MMA. Consistent with our world body, this does not include athletes who have competed at a professional level. The IMMAF considers an athlete to be on a professional level and thus not eligible for participation if he/she meets any one of the following criteria:

- *holds a Pro MMA or professional combat sports license issued by any sanctioning body*
- *is under contract with a Pro MMA or professional combat sport promotion*
- *has received a fee for participating in an MMA or professional combat sports match*
- *has participated in a professional MMA match under the Unified Rules of MMA or equivalent in the country where the bout took place*
- *has competed against an opponent with a Pro MMA record at the time the bout took place*
- *has a Professional MMA fight record published anywhere*
- *National Amateur criteria does not hold for IMMAF international competition if it does not conform to the above stipulations.*

Competitors must be IMMAFA members to be covered by our insurance and we welcome all new members. For this event, the nomination fee includes complimentary 1 year IMMAFA membership.

Participation

This Arnold Classic is for all amateur MMA competitors. However, for insurance reasons, all competitors must be IMMAFA members. Complimentary membership to IMMAFA is included in the Arnold Classic nomination fee.

There are two categories of participants:

- Novice competitors with 3 or less bouts experience
- Advanced Competitors with 4 or more bouts experience

There is a limit of 4 participants for each weight category. Therefore a maximum of 2 bouts per competitor. However, if there is a high number of nominations there may be more than 1 division per weight category. These divisions will be run completely independently and the winners of each division within the weight category would be declared winners.

Categories

Women

- Strawweight -115lbs (-52.1kgs)
- Flyweight -125lbs (-56.7kgs)
- Bantamweight -135lb (-61.2kgs)
- Featherweight -145lbs (-65.8kgs)
- Lightweight -155lbs (-70.3kgs)

Men

- Flyweight -125lbs (-56.7kgs)
- Bantamweight -135lb (-61.2kgs)
- Featherweight -145lbs (-65.8kgs)
- Lightweight -155lbs (-70.3kgs)
- Welterweight -170lbs (-77.1kgs)
- Middleweight -185lbs (-83.9kgs)
- Light Heavyweight -205lbs (-93.0kgs)
- Heavyweight -265lbs (-120.2kgs)
- Super Heavyweight +265lbs (+120.2kgs)

Where there are insufficient numbers in divisions, in some cases divisions may be combined. This will be discussed at the time with the affected athletes, their coach, IMMAFA medical representative and Tournament Director.

Registration

The competitor and their coach, if available, must attend registration on Friday 16th March 2018 between 12:00pm and 6:00pm, to confirm their eligibility to compete. If you are unable to attend at this time, contact Joe Minehan (0410 695 055) to make other arrangements.

An unofficial weigh in is available at that time.

Competitors must bring photo ID with them. Acceptable forms of ID are Passport, Driver's or Learners License or 18+ card or equivalent.

Scales will be available for a preliminary trial weigh in.

The approved equipment will also be available for athletes to inspect and try on.

Arnold Classic nomination online

All participants and delegates must be pre-registered for the event using the IMMAFA Online Nomination System.

To access this form, please go to the IMMAFA website: www.immafa.org.au click on compete, make a payment for the required category and then fill in the details form. More information about registration will be on the website.

Deadline for Nomination is Sunday 11th March 2018

The nomination fee for the Arnold Classic is listed on the IMMAFA Web Site www.immafa.org.au The includes complimentary membership for 1 year to IMMAFA. Membership is compulsory to compete in IMMAFA events.

Key deadlines

Online Nominations including participation fee payment – March 11th, 2018

Medical Clearance – March 11th, 2018.

IMMAFA follow best practice from Europe and there is an:

- Annual Medical Examination and
- 6 monthly Blood Test Review

Weigh-in & pre-fight medical examination

There is an unofficial weigh in at the Venue on Friday 16th March. 2018 with registration.

1st Official weigh in is on Saturday 17th between 8:00am and 9:30am.

Competitors must make weight, there is no allowance for this day.

The athlete must make weight within the designated weigh in period.

In line with the international rules and to encourage healthy weight management, there are weigh-ins on every day of competition.

2nd Official weigh-in in on Sunday 18th March between 8:00am and 9:30am.

Competitors have a **5%** weight variance from their weight division limit eg:

- A competitor in Strawweight -115lbs (-52.1kgs) may weigh in at 54.7kgs
- A competitor in Welterweight -170lbs (-77.1kgs) may weigh in at 80.9kgs

There will be no option for late annual medical examinations or blood tests.

Following the official weigh-in, all athletes must present themselves to the doctor for pre-fight medical examination.

The scales will be the same scales as used in the preliminary weigh in on Saturday evening. The scales will be certified for accuracy.

Competition mode

The competition will be conducted in accordance with the latest IMMAF Amateur rules. (see www.immaf.org)

This event is will be conducted via an elimination system with no repechage. Divisions with less than 4 competitors will be round robin.

Draw

A preliminary draw will be completed on Friday 16th March after registration and unofficial weigh-in.

For all categories, the competitors will be allocated in the division by means of a “random draw”. If there are two competitors from the same club or state, they will be placed randomly into separate tables.

This elimination system will be used to produce two finalists, who will compete for the gold medal. A bronze medal will be awarded to both losing semi- finalists.

Referees & judges

Officials will be IMMAFA certified by having completed an approved Referee and Officials course and have suitable skills, knowledge and experience.

The Officials Meeting will be held on the Friday 16th March at 7pm. Attendance at the Officials Meeting is strictly compulsory.

Corners and coaches

Coaches and corners must abide by the IMMAFA code of conduct while participating in any IMMAFA Event. A copy is available on our website.

Equipment

IMMAFA Approved MMA Equipment

All competitors must compete in IMMAFA approved equipment. Equipment will be provided by IMMAFA on the day of the event, prior to competing.

At registration on Friday 16th March, each competitor will have the opportunity to try on the equipment to become familiar with the fit.

Equipment Provided by IMMAFA

All competitors will be issued prior to each bout. The equipment must be returned after each bout:

- 1 x pair of gloves (standard 8oz)
- 1 x pair of shin guards

Competitors are responsible for providing their own mouth and groin guard.

Accommodation

Competitors and spectators must source their own accommodation for this event.

Anti-doping

IMMAFA supports the IMMAF Anti Doping Policy. IMMAF Anti-doping polices, guidelines

and information can be found on the IMMAF website at <http://www.immaf.org/about/anti-doping/>

Medical clearance

Medical documentation for all athletes must be submitted by no later than 11th March, 2018.

An Annual Medical Examination and a 6 monthly Blood Test Review are required – please seek these out yourselves. Form to get medical clearance are available on the website and can be forwarded to you upon request.